# Quantifying Besicovitch projection theorem 

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## Rectifiability

A set $E \subset \mathbb{R}^{2}$ is rectifiable if there exists a countable number of 1-dimensional Lipschitz graphs $\Gamma_{i}$ such that

$$
\mathcal{H}^{1}\left(E \backslash \bigcup_{i} \Gamma_{i}\right)=0 .
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$$

We say that $F \subset \mathbb{R}^{2}$ is purely unrectifiable if for every 1-dimensional Lipschitz graph 「

$$
\mathcal{H}^{1}(F \cap \Gamma)=0 .
$$

Four-corner Cantor set

$K_{1}$

Four-corner Cantor set


Four-corner Cantor set

$K_{3}$

Four-corner Cantor set

$\begin{array}{ll}\text { ■ } \\ \square & \square \\ \square\end{array}$
$\begin{array}{cc}\text { ■■ ■ ■ } \\ \text { ■ ■ } & \text { ■ }\end{array}$
$\begin{aligned} & \square \\ & \square \square \\ & \square\end{aligned}$
$K=\bigcap_{n} K_{n}$

## Four-corner Cantor set



Fact
Any set $E$ with $0<\mathcal{H}^{1}(E)<\infty$ can be decomposed $E=R \cup U$ with $R$ rectifiable and $U$ purely unrectifiable.

## Projections and rectifiability

## Theorem (Besicovitch 1939)

Let $E \subset \mathbb{R}^{2}$ with $0<\mathcal{H}^{1}(E)<\infty$. Then, $E$ is purely unrectifiable if and only if

$$
\mathcal{H}^{1}\left(\pi_{\theta}(E)\right)=0 \quad \text { for a.e. } \theta \in(0, \pi)
$$



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$$

We are interested in quantifying this result.
Previously studied by Mattila, David, Semmes, Tao, Łaba, Zhai, Bateman, Volberg, Bond, Zahl, Nazarov, Wilson, Martikainen, Orponen, Bongers, Taylor, Marshall, Zhang, Vardakis.

## Quantifying Besicovitch's theorem

Define Favard length of $E$ as

$$
\operatorname{Fav}(E)=\int_{0}^{\pi} \mathcal{H}^{1}\left(\pi_{\theta}(E)\right) d \theta
$$

## Theorem (Besicovitch 1939)

Let $E \subset \mathbb{R}^{2}$ with $0<\mathcal{H}^{1}(E)<\infty$. If $\operatorname{Fav}(E)>0$, then there exists a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with

$$
\mathcal{H}^{1}(E \cap \Gamma)>0
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## Problem

Can we quantify the dependence of $\operatorname{Lip}(\Gamma)$ and $\mathcal{H}^{1}(E \cap \Gamma)$ on $\operatorname{Fav}(E)$ ?

## Why is this interesting?

- fits into the framework of the quantitative rectifiability field, connections to PDEs and SIOs
- seems necessary for the solution of Vitushkin's conjecture


## Naive conjecture...

## Theorem (Besicovitch 1939)

Let $E \subset \mathbb{R}^{2}$ with $0<\mathcal{H}^{1}(E)<\infty$. If $\operatorname{Fav}(E)>0$, then there exists a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with

$$
\mathcal{H}^{1}(E \cap \Gamma)>0 .
$$

## Naive conjecture

Let $E \subset[0,1]^{2}$ with $\mathcal{H}^{1}(E) \sim 1$ and $\operatorname{Fav}(E) \gtrsim 1$. Then, there exists a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with $\operatorname{Lip}(\Gamma) \lesssim 1$ and

$$
\mathcal{H}^{1}(E \cap \Gamma) \gtrsim 1 .
$$

## ... is false

For any $\varepsilon>0$ there exists a set $E=E_{\varepsilon} \subset[0,1]^{2}$ with $\mathcal{H}^{1}(E) \sim 1$ and $\operatorname{Fav}(E) \gtrsim 1$ such that for all L-Lipschitz graphs $\Gamma$

$$
\mathcal{H}^{1}(E \cap \Gamma) \lesssim L \varepsilon
$$



E consists of $\varepsilon^{-2}$ uniformly distributed circles of radius $\varepsilon^{2}$.

## Reasonable conjecture

We say that a set $E \subset \mathbb{R}^{2}$ is Ahlfors regular if for any $x \in E$ and $0<r<\operatorname{diam}(E)$ we have

$$
C^{-1} r \leq \mathcal{H}^{1}(E \cap B(x, r)) \leq C r .
$$

## Reasonable conjecture

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## Conjecture

Let $E \subset[0,1]^{2}$ be an Ahlfors regular set with $\mathcal{H}^{1}(E) \sim 1$ and $\operatorname{Fav}(E) \gtrsim 1$.
Then, there exists a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with $\operatorname{Lip}(\Gamma) \lesssim 1$ and

$$
\mathcal{H}^{1}(E \cap \Gamma) \gtrsim 1 .
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## Previous results

## Conjecture

Let $E \subset[0,1]^{2}$ be an Ahlfors regular set with $\mathcal{H}^{1}(E) \sim 1$ and $\operatorname{Fav}(E) \gtrsim 1$.

Then, there exists a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with $\operatorname{Lip}(\Gamma) \lesssim 1$ and

$$
\mathcal{H}^{1}(E \cap \Gamma) \gtrsim 1 .
$$

Significant progress towards the conjecture due to:

- Orponen 2021: sets with "plenty of big projections,"
- Martikainen-Orponen 2018: sets with projections in L².


## Sets with projections in $L^{2}$

## Big projections vs projections in $L^{p}$

Denote by $\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}$ the pushforward of $\left.\mathcal{H}^{1}\right|_{E}$ by $\pi_{\theta}$.


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## Observation

If $\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E} \in L^{p}$ for some $p>1$, then

$$
\mathcal{H}^{1}\left(\pi_{\theta}(E)\right) \gtrsim \frac{\mathcal{H}^{1}(E)^{p^{\prime}}}{\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{p}^{p^{\prime}}}
$$

Indeed:

$$
\begin{aligned}
& \mathcal{H}^{1}(E)=\left.\int_{\pi_{\theta}(E)} \pi_{\theta} \mathcal{H}^{1}\right|_{E}(x) d x \\
& \leq\left(\left.\int \pi_{\theta} \mathcal{H}^{1}\right|_{E}(x)^{p} d x\right)^{1 / p} \mathcal{H}^{1}\left(\pi_{\theta}(E)\right)^{1 / p^{\prime}}
\end{aligned}
$$

## Sets with projections in $L^{2}$

## Theorem (Martikainen-Orponen 2018)

Let $E \subset[0,1]^{2}$ be an Ahlfors regular set with $\mathcal{H}^{1}(E) \sim 1$. Suppose that there exists an $\operatorname{arc} G \subset \mathbb{S}^{1}$ with $\mathcal{H}^{1}(G) \gtrsim 1$ and such that

$$
\int_{G}\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{L^{2}}^{2} d \theta \lesssim 1 .
$$

Then, there exists a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with Lip $(\Gamma) \lesssim 1$ and

$$
\mathcal{H}^{1}(E \cap \Gamma) \gtrsim 1 .
$$

## Projections in $L^{2}$ are special



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$\left.\int_{\pi_{\theta}(E)}\left|\pi_{\theta} \mathcal{H}^{1}\right|_{E}(t)\right|^{2} d t \sim \int_{\pi_{\theta}(E)} \#\left\{\ell_{\bar{⿺}, \theta}^{\perp} \cap E\right\}^{2} d t \sim \int_{E} \#\left\{\ell_{\bar{x}, \theta}^{\perp} \cap E\right\} d x$.

$$
\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{L^{2}}^{2} \quad \sim \int_{E} \#\left\{\ell_{\bar{x}, \theta}^{\perp} \cap E\right\} d x
$$

## Projections in $L^{2}$ are special

$$
\int_{G}\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{L^{2}}^{2} d \theta \sim \int_{G} \int_{E} \#\left\{\ell_{x, \theta}^{\perp} \cap E\right\} d x d \theta
$$

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$$
\begin{aligned}
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& =\int_{E} \int_{G} \#\left\{\ell_{x, \theta}^{\perp} \cap E\right\} d \theta d x
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& \int_{G}\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{L^{2}}^{2} d \theta \sim \int_{G} \int_{E} \#\left\{\ell_{x, \theta}^{\perp} \cap E\right\} d x d \theta \\
& =\int_{E} \int_{G} \#\left\{\ell_{x, \theta}^{\perp} \cap E\right\} d \theta d x \\
& X(x, G)=\bigcup_{\theta \in G} \ell_{x, \theta}^{\perp} \\
& \sim
\end{aligned}
$$

## Projections in $L^{2}$ are special

In fact, one can use Fourier analysis to show:

## Theorem (Chang-Tolsa 2020)

Let $\mu$ be a finite, compactly supported measure on $\mathbb{R}^{2}$, and $G \subset \mathbb{S}^{1}$ an open set. Then,

$$
\iint_{0}^{\infty} \frac{\mu(X(x, G, r))}{r} \frac{d r}{r} d \mu(x) \lesssim \int_{G}\left\|\pi_{\theta} \mu\right\|_{L^{2}}^{2} d \theta .
$$

## Why is this useful?

Recall: $E \subset \mathbb{R}^{2}$ is a subset of a Lipschitz graph iff there exists an open cone $X$ such that

$$
x \in E \quad \Rightarrow \quad E \cap X(x)=\varnothing
$$



## Why is this useful?

In our setting, the estimate

$$
\int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}(E \cap X(x, G, r))}{r} \frac{d r}{r} d x \lesssim 1
$$

can be used to show that for most $x \in E$

$$
\#\left\{j \in \mathbb{Z}: E \cap X\left(x, G, 2^{-j-1}, 2^{-j}\right) \neq \varnothing\right\} \lesssim 1
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can be used to show that for most $x \in E$

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$$



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$$

can be used to show that for most $x \in E$

$$
\#\left\{j \in \mathbb{Z}: E \cap X\left(X, G, 2^{-j-1}, 2^{-j}\right) \neq \varnothing\right\}=0 .
$$



New result

## Sets with projections in $L^{\infty}$

## Theorem (D. 2022)

Let $E \subset[0,1]^{2}$ be an Ahlfors regular set with $\mathcal{H}^{1}(E) \sim 1$. Suppose that there exists a measurable $G \subset \mathbb{S}^{1}$ with $\mathcal{H}^{1}(G) \gtrsim 1$ and such that

$$
\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{L \infty} \lesssim 1 \text { for } \theta \in G .
$$

Then, there exists a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with $\operatorname{Lip}(\Gamma) \lesssim 1$ and

$$
\mathcal{H}^{1}(E \cap \Gamma) \gtrsim 1 .
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## Sets with projections in $L^{\infty}$

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## Why is this significant?

## Conjecture

Let $E \subset[0,1]^{2}$ be an Ahlfors regular set with $\mathcal{H}^{1}(E) \sim 1$ and $\operatorname{Fav}(E) \gtrsim 1$.

Then, there exists a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with $\operatorname{Lip}(\Gamma) \lesssim 1$ and

$$
\mathcal{H}^{1}(E \cap \Gamma) \gtrsim 1 .
$$

Note that $\operatorname{Fav}(E) \gtrsim 1$ if and only if there exists a measurable $G \subset \mathbb{S}^{1}$ with $\mathcal{H}^{1}(G) \gtrsim 1$ such that

$$
\mathcal{H}^{1}\left(\pi_{\theta}(E)\right) \gtrsim 1 \quad \text { for } \theta \in G .
$$

## New difficulties

Difficulty 1. We can still get the estimate

$$
\int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}(E \cap X(x, G, r))}{r} \frac{d r}{r} d x \lesssim 1
$$

but now we cannot transform it to

$$
\left\{j \in \mathbb{Z}: E \cap X\left(x, G, 2^{-j-1}, 2^{-j}\right) \neq \varnothing\right\} \lesssim 1 .
$$



## New difficulties

Recall: $E \subset \mathbb{R}^{2}$ is a subset of a Lipschitz graph iff there exists an open cone $X$ such that

$$
x \in E \quad \Rightarrow \quad E \cap X(x)=\varnothing \text {. }
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## New difficulties

Difficulty 2. We are missing a characterization of Lipschitz graphs in terms of the "irregular, star-shaped" cones.


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## Question

Suppose that $E \subset[0,1]^{2}$ is Ahlfors regular with $\mathcal{H}^{1}(E) \sim 1$, and satisfies

$$
x \in E \quad \Rightarrow \quad E \cap X(x, G)=\varnothing
$$

for some $G \subset \mathbb{S}^{1}$ with $\mathcal{H}^{1}(G) \gtrsim 1$.

- Is E rectifiable?
- Is there a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with $\operatorname{Lip}(\Gamma) \lesssim 1$ and

$$
\mathcal{H}^{1}(E \cap \Gamma) \gtrsim 1 ?
$$

About the proof

## Idea of the proof

## Theorem (D. 2022)

Let $E \subset[0,1]^{2}$ be an Ahlfors regular set with $\mathcal{H}^{1}(E) \sim 1$. Suppose that there exists a measurable $G \subset \mathbb{S}^{1}$ with $\mathcal{H}^{1}(G) \gtrsim 1$ and such that

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\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{L \infty} \lesssim 1 \text { for } \theta \in G .
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## Idea of the proof

We know that

$$
\int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}(E \cap X(x, G, r))}{r} \frac{d r}{r} d x \lesssim 1 .
$$

## Idea of the proof

We know that

$$
\int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}(E \cap X(x, G, r))}{r} \frac{d r}{r} d x \lesssim 1 .
$$

We prove that there exists an $\operatorname{arc} J \subset \mathbb{S}^{1}$ with $\mathcal{H}^{1}(J) \sim 1$ such that

$$
\int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}(E \cap X(x, J, r))}{r} \frac{d r}{r} d x \lesssim 1 .
$$

Then, we can use the result of Martikainen-Orponen to find the desired big piece of a Lipschitz graph.

Good directions propagate

$$
\int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}(E \cap X(x, G, r))}{r} \frac{d r}{r} d x \lesssim 1
$$



## Good directions propagate

$$
\int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}\left(E \cap X\left(x, G^{\prime}, r\right)\right)}{r} \frac{d r}{r} d x \lesssim \int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}(E \cap X(x, G, r))}{r} \frac{d r}{r} d x \lesssim 1 .
$$



Good directions propagate

$$
\int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}\left(E \cap X\left(x, G^{\prime}, r\right)\right)}{r} \frac{d r}{r} d x \lesssim \int_{E} \int_{0}^{\infty} \frac{\mathcal{H}^{1}(E \cap X(x, G, r))}{r} \frac{d r}{r} d x \lesssim 1 .
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## Good directions propagate

Main propositon
Suppose that

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$\cdot J \subset \mathbb{S}^{1}$ is an arc, and $G, \subset J$ is measurable with $\mathcal{H}^{1}\left(J \backslash G_{J}\right) \leq \varepsilon \mathcal{H}^{1}(J)$,


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- technical assumptions involving $\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{\infty}$.


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Main propositon
Suppose that

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- technical assumptions involving $\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{\infty}$.

Then,

$$
\begin{aligned}
& \int_{E} \int_{0}^{1} \frac{\mathcal{H}^{1}(E \cap X(x, 3 J, r))}{r} \frac{d r}{r} d \mathcal{H}^{1}(x) \\
& \lesssim \int_{E} \int_{0}^{1} \frac{\mathcal{H}^{1}(E \cap X(x, G, r))}{r} \frac{d r}{r} d \mathcal{H}^{1}(x)+\mathcal{H}^{1}(J) .
\end{aligned}
$$

Questions

## Questions

Can we relax the $L^{\infty}$-assumption to the $L^{2}$-assumptions?

## Question 1

Let $E \subset[0,1]^{2}$ be an Ahlfors regular set with $\mathcal{H}^{1}(E) \sim 1$.
Suppose that there exists a measurable $G \subset \mathbb{S}^{1}$ with
$\mathcal{H}^{1}(G) \gtrsim 1$ and such that

$$
\left\|\left.\pi_{\theta} \mathcal{H}^{1}\right|_{E}\right\|_{L^{2}} \lesssim 1 \quad \text { for } \theta \in G .
$$

Does there exist a Lipschitz graph $\Gamma \subset \mathbb{R}^{2}$ with $\operatorname{Lip}(\Gamma) \lesssim 1$ and

$$
\mathcal{H}^{1}(E \cap \Gamma) \gtrsim 1 ?
$$

## Questions

Can a similar approach be used to prove the full conjecture?

## Question 2

Suppose that $E \subset[0,1]^{2}$ is an Ahflors regular set with $\mathcal{H}^{1}(E)=1$. Does there exist $\varepsilon>0$ and $\delta_{0}>0$ such that, if

- $J \subset \mathbb{S}^{1}$ is an arc with $\mathcal{H}^{1}(J) \leq \delta_{0}$, and $G \mathcal{J} \subset J$ is measurable with $\mathcal{H}^{1}\left(J \backslash G_{J}\right) \leq \varepsilon \mathcal{H}^{1}(J)$,
- for some $\delta_{0}^{-1} \mathcal{H}^{1}(J) \leq C \leq 1$

$$
\mathcal{H}^{1}\left(\pi_{\theta}(E)\right) \geq C \quad \text { for } \theta \in G_{J},
$$

then

$$
\mathcal{H}^{1}\left(\pi_{\theta}(E)\right) \gtrsim c 1 \quad \text { for } \theta \in 3 J ?
$$

## Thank you!

